

# FOODIES CATERING INC. & FOODIE EVENTS

8010 LONG BEACH BLVD HARVEY CEDARS, N.J. 08008 609.342.9448

[FOODIESCATERINGINC@GMAIL.COM](mailto:FOODIESCATERINGINC@GMAIL.COM) [WWW.FOODIESEVENTS.COM](http://WWW.FOODIESEVENTS.COM)

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## LET'S DO LUNCH - SANDWICH LIST

Foodies roasts our own turkey breast, ham & roast beef. Our freshly made chicken salads are made of 100% boneless completely lean chicken breast. Our fresh Tuna is Local Sushi grade tuna.

### HOUSE ROASTED TURKEY

GRILLED VEGETABLES W GOAT CHEESE OR W/O

CAESAR

CLUB

HOAGIE

HONEY MUSTARD & BRIE

HOUSE DRIED APPLE FETA & DIJON

SLOPPY JOE W/ COLE SLAW & RUSSIAN DRESSING

FAJITA W/ PEPPERS, CHIPOTLE MAYO & CHEDDAR

HUMMUS W/ CABBAGE LETTUCE TOMATO & GREEN BEANS

THANKSGIVING ON A BUN- HOUSE ROASTED TURKEY HOUSE MADE REAL CRANBERRY SAUCE KALE SWEET POTATOES

BRUSSELS SPROUTS

TURKEY COBB - HOUSE ROASTED TURKEY BREAST BLUE CHEESE, BACON TOMATOES KALE & CARROTS

TURKEY GREEK - TURKEY LETTUCE TOMATO CUCUMBER PEPPERS OLIVES FETA TZATZIKI

### HOUSE GRILLED BREAST OF CHICKEN:

CAESAR

GRILLED VEG

FRESH RAW GARDEN VEG

W/ BRUSCHETTA, FRESH MOZZARELLA & BASIL

AVOCADO, BACON & TOMATO

W/ OUR ROASTED CORN SALSA, CHIPOTLE MAYO & CHEDDAR

FAJITA STYLE - CHEDDAR, CABBAGES, PEPPERS, CHIPOTLE MAYO

VIETNAMESE W/ CABBAGE, CARROTS, JALAPEÑOS, AND A GINGER LIME VINAIGRETTE

ITALIAN W/ PROSCIUTTO, PESTO, AND FRESH MOZZARELLA, TOMATOES & GRILLED ONIONS

BUFFALO CHICKEN W/ BLUE CHEESE DIP, CELERY, JALAPEÑOS & HOT SAUCE

CHARRED CHICKEN & SLAW - SLAW, BBQ'D CHIX, APPLE KALE & REMOULADE SAUCE

GREEN GODDESS CHICKEN - SPINACH, CUCUMBER FRESH HERBS, TZATZIKI GRILLED LEMON & CAPERS

HUMMUS - GRILLED VEGGIES, HUMMUS. & SPROUTS

CRANBERRY CLUB- SWEET POTATOES, HOUSE MADE CRANBERRY SAUCE & BACON

### VEGETARIAN:

GRILLED VEGGIES W OR W/O GOAT CHEESE OR WITH FRESH MOZZARELLA & PESTO

VEGAN RAW VEG & HUMMUS

VEG HOAGIE W PROVOLONE LETTUCE TOMATO ONION & VIN OR PORTOBELLO HOAGIE

BROCCOLI RABE, ROASTED PEPPER, & FRESH MOZZARELLA

CAPRESE

FORAGER KALE PORTOBELLO, ROASTED BEETS, HOUSE DRIED APPLES, BLACK BEANS & BRIE

GRILLED ZUCCHINI - SPINACH & ARTICHOKE DIP, PORTOBELLOS, SPROUTS, GRILLED CARROTS & OVEN ROASTED TOMATOES

### SALADS:

HONEY MUSTARD CHICKEN SALAD GRILLED CHICKEN SALAD NO MAYO FOODIES FAMOUS TUNA SALAD W/ OR W/O MAYO

### SUSHI GRADE TUNA & SALMON:

GRILLED TUNA NICOISE W/ ROASTED PEPPERS, GREEN BEANS, ROASTED POTATOES, ARTICHOKE HEARTS, AND DIJON

SEARED SESAME CRUSTED W/ WAKAME, TOBIKO, WASABI & PICKLED GINGER OR SAME WITH SEARED TUNA

GRILLED SALMON FILET W/ CUCUMBER SALAD & COGNAC DILL SAUCE

GRILLED SALMON FAJITA STYLE W CABBAGES, PEPPERS, CHEDDAR & CHIPOTLE MAYO

HOUSE SMOKED SALMON WITH CREAM CHEESE, RED ONIONS & CAPERS

### HOUSE ROASTED BEEF:

HOAGIE

HORSERADISH W/ GRILLED ONIONS

CHEESESTEAK PROVOLONE CHEESE DIP ROASTED POTATOES & GRILLED ONIONS

CHIMMICHURRI GRILLED STEAK ONIONS, CHIMMICHURRI SAUCE & FRIED LEEKS

### HONEY ROASTED HAM:

SWISS

HOAGIES

AMERICAN CHEESE

CUBAN WITH TURKEY SWISS AND SPICY MAYO & PICKLES

WE WILL GLADLY PLATTER YOUR SANDWICHES FOR BEACH OR BACKYARD

BREADS AVAILABLE FRESH BAKED 7 GRAIN, OUR SUPER SKINNY FICELLE FROM NY ZABARS, KAISER, MINI DINNER ROLLS, PRETZEL ROLLS, WRAPS, RYE, PUMP, COCKTAIL RYE, SLIDERS OR 2', 3' SUBS

## **SANDWICH & LUNCH PLATTERS**

FOODIES AWESOME ANTIPASTO - ITALIAN MEATS & CHEESES, OLIVES, CHARRED VEGGIES, BRUSCHETTA, ARTICHOKE HEARTS, TOASTS & DRESSING \$ 99.99 VEG ANTIPASTO - SAME AS ABOVE W/ GRILLED VEGETABLES, CHEESES, NO MEAT TOASTS \$ 89.99

CAPRESE - FRESH MOZZ, RED ONION, BASIL, ROASTED RED PEPPERS, ARUGULA, GARLIC TOASTS \$ 69.00

SEARED SUSHI TUNA - WAKAME, EDAMAME, WASABI, GINGER, WASABI AIOLI, & RICE CRACKERS \$ 99.99

HOUSE MADE GRAVLAX, CUCUMBER, RED ONION, TOMATOES, BROWN BREAD, ROASTED BABY POTATOES, DILL & SCALLION MUSTARD \$69.99

FOODIES AMAZING SLOW COOKED PULLED PORK, 24 SLIDER ROLLS \$ 89.99

9 HOUR BRAISED BONELESS SHORT RIBS OFFERED W/ YOUR CHOICE 24 SLIDER ROLLS \$ 99.99

FRIED CHICKEN BREAST SLIDERS - MINI WAFFLES, FRIED CHCKEN BREAST MAPLE DIJON GLAZE \$ 59.00 1 DOZ MEZZE PLATTER - HUMMUS, TZATZIKI, CAPONATA, OLIVES, MARINATED FETA, ROASTED BEETS, & ARTICHOKE HEARTS HOUSE MADE WHOLE WHEAT PITA CRISPS \$ 79.00

MINI HOAGIES =16 APPETIZER SIZE PORTIONS \$24.00 EACH CHOICES: SUSHI TUNA AVOCADO & WASABI AIOLI, ITALIAN HOAGIE, GRILLED VEGETABLE, ROAST BEEF HORSERADISH & ONION, CAPRESE OR FRIED EGG CARAMEL BACON CRISPY ONION & MANCHEGO CHEESE

2' SUBS - TRADITIONAL TWO FOOT SOUTH JERSEY HOAGIES - SLICED ON PARTY TRAY YOUR CHOICE OF FILLINGS \$ 42.00

SLIDERS - HAM GRUYERE & SLAW, MAPLE GLAZED BACON, LETTUCE TOMATO & AVOCADO, HOUSE ROASTED TURKEY BREAST CLUB \$ 59.00/DOZ

VEGAN AVOCADO TOASTS - MINI AVOCADO TOASTS TOPPPED W/ TOMATO, MICRO GREENS, PEPPERS, ROASTED CORN & BLACK BEANS \$ 30.00/24

LETTUCE TACOS - BY THE DOZEN, CHICKEN, VEGETARIAN, SALMON OR SUSHI GRADE TUNA \$ 60.00/12 1 FLAVOR VEGTARIAN STRUDEL - MUSHROOM ONION SPINACH & CHEESES WRAPEERS IN TRUDEL DOUGH A FAB APP

SERVES 10 \$ 20.00 EACH

GARLIC SHRIMP SALAD - OVER ARUGULA, W/ GRAPE TOMATOES, RED ONIONS & GARLIC BREAD \$ 75.00

PEPPERONI & GARLIC PIZZA PINWHEELS - \$36.00/ 1 DOZEN VEGETARIAN VERSION ALSO AVAILABLE

GREEK SUSHI ROLLS - ZUCCHINI ROLLS STUFFED W/ FETA, TOMATOES, OLIVES & OREGANO \$ 24.00/ 1 DOZEN

4 CHEESE TOMATO ONION & MUSHROOM PULL APART BREAD OR PEPPERONI & CHEESE MONKEY BREAD \$ 12.00 SERVES 6-8

FOODIES FRESH MOZZARELLA STUFFED MEATBALL 12 XL MEATBALLS OVER ITALIAN SALAD \$89.00 WITH GARLIC BREAD

CAESAR SALAD BITES - ROMAINE HEARTS, TOMATOES, CUCUMBER, PARMESAN, CROUTONS & HOUSE MADE CAESAR VIN SERVES 10 \$ 48.00

HOT BREAD BOWL DIPS - BUFFALO CHICKEN , BROCCOLI SALAD DIP W/ BACON & ONION, OR SPINACH, ARTICHOKE & PROSCIUTTO \$ 55.00 EACH 1 SERVES 10-12

TACO CIRCLE - 24 TACOS YOUR CHOICE CRUNCHY OR SOFT - 6 EACH GRILLED CHICKEN, SUSHI TUNA, STEAK, & VEGETARIAN COMES W/ DIPING SAUCE \$79.00

VEGAN GLUTEN FREE MEZZE PLATTER - HUMMUS, CAPONATA, OLIVE FLIGHT, COWBOY CAVIAR, ROASTED PEE WEE TRI COLOR POTATOES, SEARED PANEER GF CRISPS \$ 79.00

GLUTEN FREE APPETIZER MEDLEY -MINI BACON & BLUE CHEESE FRITTATAS, THAI GRILLED CHICKEN SKEWERS, STUFFED POTATO SKINS, NACHO STUFFED BABY PEPPERS, ROASTED PROSCIUTTO WRAPPED ASPARAGUS & GF VEGGIE PANCAKES 1 DOZEN EACH \$ 99.00

CHICKEN BURRITO BOWLS - RICE, BLACK BEANS, ROASTED CHICKEN, CORN, CHEDDAR & SCALLIONS \$ 30.00 / 6 PULL APART CHEESE BREADS \$ 15.00 EACH BACON CHEDDAR, SWISS SPINACH & MUSHROOM, OR HAM ONION & 3 CHEESE

PLATTER OF MINI CROISSANTS ASSORTED STUFFED - 3 DZ \$ 149.95 HOUSE ROASTED TURKEY BREAST, ROAST BEEF, HOUSE MADE TUNA & CHICKEN SALADS

NOODLE BOWLS SERVES 10-12 - SESAME NOODLE SALAD W GRILLED CHICKEN, PAD THAI W/ GRILLED SHRIMP & VEGGIES STEAK UDON W/ SCALLIONS BROCCOLI & CHILI \$ 59.95

WRAP ATTACK - 36 MINI WRAPS SERVES 12 TURKEY BREAST GRILLED CHICKEN VEGETARIAN & ROAST BEEF \$ 65.00

MEDITERRANEAN GRAZING PLATTER SERVES 10-12 — GREEK SALAD, HUMMUS, TZATZIKI, GARBANZO SALAD, WHOLE WHEAT PITA, FETA, OLIVES, BABAGHANOUJ \$ 69.00

NICOISE GRAZING PLATTER - SERVES 10-12 GRILLED SALMON FILET, GRILLED BREAST OF CHICKEN, GRILLED ASSORTED VEGETABLES, SPINACH, ROASTED POTATOES, HARD COOKED EGGS, ROASTED BABY PEPPERS PRESENTED W/ DIJON GARLIC AIOLI FRENCH BREAD \$ 89.00

ASIAN GRAZE - SERVES 10-12 - TERIYAKI EGGPLANT, CHINESE CHICKEN SALAD, ASIAN CUCUMBER SALAD, THAI NOODLE SALAD, GARLIC TOFU BROCCOLI, WONTON CRISPS \$ 79.00

SALAD PLATE - SERVES 10-12 HOUSE MADE TUNA SALAD, HONEY MUSTARD CHICKEN SALAD, GRILLED BREAST OF CHICKEN SALAD, EGG SALAD, POTATO SALAD & FOODIES FAMOUS HOUSTON'S COLE SLAW ACCOMPANIED WITH ASSORTED DINNER ROLLS \$69.99

KIDS LUNCH PLATTER - SERVES 10 - 12 BOLOGNA CHEESE ROLL UPS, MINI PB & J ROUNDS, TURKEY, SALAMI & PEPPERONI SKEWERS, FRESH FRUIT, CARROTS & CELERY RANCH DIP, PRETZELS, MINI CROISSANTS & MINI CHOCOLATE CHIP COOKIES \$ 45.00

KIDS WRAP & SANDWICH ATTACK - SERVES 10-12 PEANUT BUTTER BANANA WRAPS, TURKEY AMERICAN WRAPS, BOLOGNA CHEESE SANDWICH STICKS, PIZZA PINWHEELS & RICE CAKE NUTELLA BUDDIES \$ 55.00

BEACH BOXES - YOUR CHOICE 2 DINNER ROLLS SANDWICHES OR SKINNY FICELLE, FRUIT SALAD, SLAW OR POTATO SALAD, CHOCOLATE CHIP COOKIE, BOX WATER \$ 12.00

**FOODIES BUNDT & POUNDCAKES** MINI - \$ 4.99 LARGE \$ 10.00 BUNDT \$ 18.00

FOODIES AMAZING COCONUT BUNDT - DARK CHOCOLATE GLAZE  
LEMON BLUEBERRY BUNDT  
TRIPLE BERRY BUNDT  
CHOCOLATE CHIP  
AWESOME ORANGE  
CHOCOLATE CHOCOLATE CHIP  
BANANA OR BANANA CHOCOLATE CHIP WALNUT  
CHOCOLATE CHIP MINT  
MARGARITA

## **COOKIE & DESSERT PLATTERS**

HOUSE MADE CHOCOLATE CHIP, OATMEAL RAISIN, OATMEAL CHOCOLATE CHIP, PEANUT BUTTER & PEANUT BUTTER CHOCOLATE CHIP \$24.00/12 COOKIES

FRESH CARVED FRUIT PLATTER - FRESH CUT FRUIT & BERRIES ARTFULLY ARRANGED \$75.00 SERVES 10-15

FRESH CARVED WATERMELON BASKET - A BEAUTIFUL CARVED WATERMELON OVERFLOWING WITH FRESH FRUIT & BERRIES \$ 175.00 SERVES 15-25

MINI COOKIES - 36 ASSORTED COOKIES \$ 24.00

VIENNESE CAKE TRAY - 12 ASSORTED SLICES OF CAKE ARTFULLY ARRANGED & TRAYED \$ 40.00