

FOODIES CATERING INC. & FOODIE EVENTS

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LIKE US ON FACE BOOK @ FOODIES CATERING INC & FOODIE EVENTS

LET'S DO LUNCH - SANDWICH LIST

Foodies roasts our own turkey breast, ham & roast beef. Our freshly made chicken salads are made of 100% boneless completely lean chicken breast. Our fresh Tuna is Local Sushi grade tuna.

HOUSE ROASTED TURKEY W/:

GRILLED VEGETABLES W GOAT CHEESE OR W/O

CAESAR

CLUB

HOAGIE

HONEY MUSTARD & BRIE

HOUSE DRIED APPLE FETA & DIJON

SLOPPY JOE W/ COLE SLAW & RUSSIAN DRESSING

FAJITA W/ PEPPERS, CHIPOTLE MAYO & CHEDDAR

HUMMUS W/ CABBAGE LETTUCE TOMATO & GREEN BEANS

THANKSGIVING ON A BUN- HOUSE ROASTED TURKEY HOUSE MADE REAL CRANBERRY SAUCE KALE SWEET POTATOES

BRUSSELS SPROUTS

TURKEY COBB - HOUSE ROASTED TURKEY BREAST BLUE CHEESE, BACON TOMATOES KALE & CARROTS

TURKEY GREEK - TURKEY LETTUCE TOMATO CUCUMBER PEPPERS OLIVES FETA TZATZIKI

HOUSE GRILLED BREAST OF CHICKEN:

CAESAR

GRILLED VEG

FRESH RAW GARDEN VEG

W/ BRUSCHETTA, FRESH MOZZARELLA & BASIL

AVOCADO, BACON & TOMATO

W/ OUR ROASTED CORN SALSA, CHIPOTLE MAYO & CHEDDAR

FAJITA STYLE - CHEDDAR, CABBAGES, PEPPERS, CHIPOTLE MAYO

VIETNAMESE W/ CABBAGE, CARROTS, JALAPEÑOS, AND A GINGER LIME VINAIGRETTE

ITALIAN W/ PROSCIUTTO, PESTO, AND FRESH MOZZARELLA, TOMATOES & GRILLED ONIONS

BUFFALO CHICKEN W/ BLUE CHEESE DIP, CELERY, JALAPEÑOS & HOT SAUCE

CHARRED CHICKEN & SLAW - SLAW, BBQ'D CHIX, APPLE KALE & REMOULADE SAUCE

GREEN GODDESS CHICKEN - SPINACH, CUCUMBER FRESH HERBS, TZATZIKI GRILLED LEMON & CAPERS

HUMMUS - GRILLED VEGGIES, HUMMUS. & SPROUTS

CRANBERRY CLUB- SWEET POTATOES, HOUSE MADE CRANBERRY SAUCE & BACON

VEGETARIAN:

GRILLED VEGGIES W OR W/O GOAT CHEESE OR WITH FRESH MOZZARELLA & PESTO

VEGAN RAW VEG & HUMMUS

VEG HOAGIE W PROVOLONE LETTUCE TOMATO ONION & VIN OR PORTOBELLO HOAGIE

BROCCOLI RABE, ROASTED PEPPER, & FRESH MOZZARELLA

CAPRESE

FORAGER KALE PORTOBELLO, ROASTED BEETS, HOUSE DRIED APPLES, BLACK BEANS & BRIE

GRILLED ZUCCHINI - SPINACH & ARTICHOKE DIP, PORTOBELLOS, SPROUTS, GRILLED CARROTS & OVEN ROASTED TOMATOES

SALADS:

HONEY MUSTARD CHICKEN SALAD GRILLED CHICKEN SALAD NO MAYO

TUNA SALAD NO MAYO FOODIES FAMOUS TUNA SALAD

SUSHI GRADE TUNA & SALMON:

GRILLED TUNA NICOISE W/ ROASTED PEPPERS, GREEN BEANS, ROASTED POTATOES, ARTICHOKE HEARTS, AND DIJON

SEARED SESAME CRUSTED W/ WAKAME, TOBIKO, WASABI & PICKLED GINGER OR SAME WITH SEARED TUNA

GRILLED SALMON FILET W/ CUCUMBER SALAD & COGNAC DILL SAUCE

GRILLED SALMON FAJITA STYLE W CABBAGES, PEPPERS, CHEDDAR & CHIPOTLE MAYO

HOUSE SMOKED SALMON WITH CREAM CHEESE, RED ONIONS & CAPERS

HOUSE ROASTED BEEF:

HOAGIE

HORSERADISH W/ GRILLED ONIONS

CHEESESTEAK PROVOLONE CHEESE DIP ROASTED POTATOES & GRILLED ONIONS

CHIMMICHURRI GRILLED STEAK ONIONS, CHIMMICHURRI SAUCE & FRIED LEEKS

HONEY ROASTED HAM:

SWISS

HOAGIES

AMERICAN CHEESE

CUBAN WITH TURKEY SWISS AND SPICY MAYO & PICKLES

WE WILL GLADLY PLATTER YOUR SANDWICHES FOR BEACH OR BACKYARD, PICNIC BOXED LUNCHES FOR THE BEACH ARE ALSO AVAILABLE PLEASE CALL AHEAD
BREADS AVAILABLE FRESH BAKED 7 GRAIN, OUR SUPER SKINNY FICELLE FROM NY ZABARS, KAISER, MINI DINNER ROLLS, PRETZEL ROLLS, WRAPS, RYE, PUMP, COCKTAIL RYE, SLIDERS OR 2', 3' SUBS

SANDWICH & LUNCH PLATTERS

2' ITALIAN HOAGIES - \$ 36.00 SEE ABOVE SELECTIONS WE CAN CUT & PLATTER INTO 4/8/OR 16 PIECES
2' SUPER SKINNY FICELLE - \$20.00

PLATTER OF MINI CROISSANTS ASSORTED STUFFED - 3 DZ \$ 149.95 HOUSE ROASTED TURKEY BREAST, ROAST BEEF, HOUSE MADE TUNA & CHICKEN SALADS

NOODLE BOWLS SERVES 10-12 - SESAME NOODLE SALAD W GRILLED CHICKEN, PAD THAI W/ GRILLED SHRIMP & VEGGIES STEAK UDON W/ SCALLIONS BROCCOLI & CHILI \$ 59.95

WRAP ATTACK - 36 MINI WRAPS SERVES 12 TURKEY BREAST GRILLED CHICKEN VEGETARIAN & ROAST BEEF

MEDITERRANEAN GRAZING PLATTER SERVES 10-12 — GREEK SALAD, HUMMUS, TZATZIKI, GARBANZO SALAD, WHOLE WHEAT PITA, FETA, OLIVES, BABAGHANOUJ \$ 69.00

NICOISE GRAZING PLATTER - SERVES 10-12 GRILLED SALMON FILET, GRILLED BREAST OF CHICKEN, GRILLED ASSORTED VEGETABLES, SPINACH, ROASTED POTATOES, HARD COOKED EGGS, ROASTED BABY PEPPERS PRESENTED W/ DIJON GARLIC AIOLI FRENCH BREAD \$ 89.00

ASIAN GRAZE - SERVES 10-12 - TERIYAKI EGGPLANT, SOY GLAZED CHICKEN BREAST, ASIAN CUCUMBER SALAD, ROASTED SESAME CRUSTED SALMON LETTUCE WRAPS, THAI NOODLE SALAD, GARLIC TOFU BROCCOLI, WONTON CRISPS \$ 79.00

SALAD PLATE - SERVES 10-12 HOUSE MADE TUNA SALAD, HONEY MUSTARD CHICKEN SALAD, GRILLED BREAST OF CHICKEN SALAD, EGG SALAD, POTATO SALAD & FOODIES FAMOUS HOUSTON'S COLE SLAW ACCOPANIED WITH ASSORTED DINNER ROLLS \$69.99

AVOCADO TOAST - 2 DZ 7 GRAIN TOASTS W/ SMASHED AVOCADO \$66.00

KIDS LUNCH PLATTER - SERVES 10 - 12 BOLOGNA CHEESE ROLL UPS, MINI PB & J ROUNDS, TURKEY, SALAMI & PEPPERONI SKEWERS, FRESH FRUIT, CARROTS & CELERY RANCH DIP, PRETZELS, MINI CROISSANTS & MINI CHOCOLATE CHIP COOKIES \$ 45.00

KIDS WRAP & SANDWICH ATTACK - SERVES 10-12 PEANUT BUTTER BANANA WRAPS, TURKEY AMERICAN WRAPS, BOLOGNA CHEESE SANDWICH STICKS, PIZZA PINWHEELS & RICE CAKE NUTELLA BUDDIES \$ 55.00

BEACH BOXES - YOUR CHOICE 2 DINNER ROLLS SANDWICHES OR SKINNY FICELLE, FRUIT SALAD, SLAW OR POTATO SALAD, CHOCOLATE CHIP COOKIE, BOX WATER \$ 12.00