

# FOODIES CATERING INC. & FOODIE EVENTS

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LIKE US ON FACE BOOK @ FOODIES CATERING INC & FOODIE EVENTS

## ROOM TEMP SUPPER PLATTERS SERVE 10-12

- **MEDITERRANEAN CHICKEN** - LEMON ROASTED CHICKEN BREAST, GREENS, ROASTED POTATOES, GRILLED VEGETABLES, HUMMUS & PITA CRISPS \$ 149.95 GLUTEN FREE AVAILABLE JUST ASK US
- **MANGO CHICKEN** - ROASTED CHICKEN BREAST, MANGO, MIXED GREENS, QUINOA, ASPARAGUS, SLAW, BABY PEPPERS, CRISPS \$ 149.95 GLUTEN FREE AVAILABLE
- **CHINESE CHICKEN SALAD** - MIXED CABBAGES, HONEY SPICED & SESAME CRUSTED CHICKEN BREAST, SNOW PEAS, HONEY PEANUTS, SESAME NOODLES \$ 149.99 GLUTEN FREE AVAILABLE
- **ROASTED CHICKEN TACO** - SPICED ROASTED CHICKEN, CHEDDAR CHEESE, ROASTED CORN & BLACK BEAN SALSA, ROASTED BABY PEPPERS, FIESTA RICE, & GREENS \$129.95 GLUTEN FREE
- **ROASTED CHICKEN COBB** - ROASTED CHICKEN, TOMATOES, EGG, BLUE CHEESE, BACON, ROASTED CORN, BABY POTATOES, GREENS & CRISPS \$ 149.95 GLUTEN FREE AVAILABLE
- \* **GRILLED CHICKEN SALAD LETTUCE TACOS** - GRILLED CHICKEN SALAD IN LETTUCE WRAPS PRESENTED WITH GRILLED PINEAPPLE & SLAW & OUR BLACK BEAN & ROASTED CORN QUINOA \$ \$129.00
- \* **WHOLE ROASTED BONE IN GLAZED CHICKEN** - GREENS, KALE STRING BEANS, DRIED CHERRIES, ROASTED BEETS, ROASTED ALMONDS, FARO, & FRENCH BREAD \$ 129.99
- \* **9 LAYER CHICKEN SALAD** - MIXED GREENS W/ KALE. CHOPPED TOMATOES, OLIVES, PEPPERS, PEAS, CHEDDAR, CHOPPED CHICKEN BREAST , CUCUMBERS & CORN \$ 129.99
- **CEDAR PLANK SALMON** - MIXED GREENS, WILD RICE, W/ SPINACH & MUSHROOMS, CUCUMBER, GRAPE TOMATO & CAPER SALAD TZATZIKI & TOASTS \$ 149.95
- \* **MAPLE GLAZED HOT SMOKED SALMON** - PRESENTED WITH TZATZIKI, ROASTED POTATOES, GREEK SALAD & SLAW \$ 179.00
- \* **GRILLED FILET OF SALMON** - GREENS, CUCUMBER SALSA, ROASTED BEETS & GOAT CHEESE, GRILLED VEGGIES \$ 159.99
- **PHILLY CHEESE STEAK** - GRILLED STEAK, GREENS, PROVOLONE & CHEDDAR CHEESE, GRILLED ONIONS, PEPPERS, PORTOBELLOS, ROASTED POTATOES & CRISPY LEEKS \$ 149.00
- **LONDON BROIL** - GREENS, CLASSIC CHOPPED SALAD W/ BLUE CHEESE, ROASTED POTATOES, GRILLED ONIONS & PEPPERS, GARLIC TOASTS \$ 149.00
- \* **GRILLED FLANK STEAK** - GREENS, GRILLED ONIONS, ROASTED POTATOES, STEAKHOUSE CHOPPED SALAD CRISPY LEEKS GARLIC BREAD \$ 169.00
- **GRILLED TUNA NICOISE** - GRILLED SUSHI GRADE TUNA, GREENS, ROASTED POTATOES, STRING BEANS, HARD COOKED EGGS, ROASTED PEPPERS FRENCH BREAD \$ 169.00
- \* **NOODLE BAR** - TUNA BROCCOLI PASTA SALAD, SESAME NOODLES WITH SHRIMP & PEANUT SAUCE, GRILLED CHICKEN PENNE SALAD- \$ 99.00
- **VEGETARIAN** - THAI NOODLE SALAD, ROASTED PORTOBELLOS, ROASTED BEETS W/ GOAT CHEESE, ROASTED COLORED POTATOES, GREENS, & LAVASCH \$ 99.95 GLUTEN FREE AVAILABLE
- **VEGAN** - GRILLED ASSTD VEGGIES, LEAFY MIXED GREENS, CUCUMBER GRAPE SALAD, QUINOA, CORN & BLACK BEAN SALAD & INDIAN SPICED GARBANZO SALAD \$ 129.99 ALSO GLUTEN FREE

## ROOM TEMP SUPPER PLATTERS FOR 6 - 8

LONDON BROIL PLATTER SLICED OVER GREENS W/ CARAMEL ONIONS, HORSERADISH SAUCE & FRENCH BREAD, ROASTED POTATOES AND ROASTED VEGETABLE \$ 89.00

TUSCAN MARINATED FILET MIGNON SLICED OVER ARUGOLA W/ BRUSCHETTA & GORGONZOLA W/ CIABATTA TOASTS, & PASTA SALAD \$ 185.00

FILET MIGNON SLICED OVER GREENS CRISPY LEEKS, CHOPPED SALAD, ROASTED POTATOES, HORSERADISH SAUCE & FRENCH BREAD \$ 185.00

GRILLED SALMON FILET PRESENTED W/ CUCUMBER SALAD, PEACH SALSA & QUINOA \$ 89.00

MAPLE GLAZED SALMON FILET W/ TZATZIKI & RYE TOASTS, FARO SALAD & CUCUMBER SALAD \$ 95.99

CEDAR PLANK SALMON TOPPED W/ LEEKS & GREEN ONIONS PRESENTED OVER GREENS, ROASTED POTATOES W/ TZATZIKI & 7 GRAIN TOASTS \$ 99.95

BRUSCHETTA CHICKEN PASTA SALAD \$ 65.00

GREEK CHICKEN FETA & ORZO \$ 65.00

TERIYAKI GLAZED CHICKEN, RICE & VEGGIES IN PINEAPPLE HALVES 4/ \$85.00

GRILLED VEGETABLE PLATTER - W/ GREENS, CHINESE CUCUMBER SALAD TOFU, SESAME NOODLES, \$ 89.00

GRILLED BREAST OF CHICKEN - BLACK BEAN SALAD, ROASTED CORN & VEGGIES OVER GREENS \$ 99.00

VEGAN - GRILLED ASSTD VEGGIES, LEAFY MIXED GREENS, CUCUMBER GRAPE SALAD, QUINOA, CORN & BLACK BEAN SALAD & INDIAN SPICED GARBANZO SALAD \$ 89.99 ALSO GLUTEN FREE

### **TRAYS TO REHEAT SERVE 10**

FOODIES AMAZING VEGGIE LASAGNA \$ 59.00 BRAISED MEAT LASAGNA \$ 65.00

FOODIES 9 - HOUR BRAISED SHORT RIBS \$ 99.99 COMES W/ ROLLS

FOODIES PULLED PORK \$ 89.00 COMES W/ ROLLS

FOODIES 9 HOUR SMOKED SLICED BRISKET \$ 149.99

PENNE W/ PINK SAUCE \$ 59.00

BAKED ZITI \$ 39.95

SPAGHETTI & MEATBALLS \$ 49.00

RIGATONI & MEATBALLS \$ 49.95

EGGPLANT PARM ROASTED NOT FRIED \$ 55.00

OVEN ROASTED RED & GOLD POTATOES w/ fresh herbs \$ 35.00

HEALTHY MOCK MASHED POTATOES ( cauliflower ) \$ 30.00

MASHED POTATOES \$ 30.00

BAKED CHICKEN BREAST PARMIGIANA \$ 65.00

TERIYAKI GLAZED CHICKEN, RICE & VEGGIES IN PINEAPPLE HALVES 6/ \$ 120.00

CRUSTLESS CHICKEN POT PIE LOADED W/ ALL BREAST OF CHICKEN & VEGETABLES \$ 79.00

QUINOA FRIED RICE & VEGGIES \$ 59.00 GLUTEN FREE

CAPRESES ZOODLES - ZUCHINI NOODLES, TOMATOES, FRESH MOZZARELLA, PARM & BASIL \$ 59.00 GLUTEN FREE

BEEF & VEGGIE STIR FRY OVER SESAME UDON NOODLES \$ 79.00

FOODIES NOODLE BOWL W/ TONS OF VEGGIES & RAMEN \$ 79.00 VEGAN

BANG BANG BRUSSELS SPROUTS \$ 59.00 VEGAN & GF

QUINOA CAULIFLOWER W/ ROASTED DRIED CRANBERRIES & ALMONDS \$ 49.00 VEGAN & GF

PARMESAN ORZO W/ CHICKEN & BRUSSELS SPROUTS \$ 59.00

OUR MOST POPULAR CHICKEN BREAST W/ WILD MUSHROOMS \$ 59.00

HONEY SRIRACHA CHICKEN BREAST \$ 65.00

CHICKEN FRANCESE \$ 65.00

CRISPY COCONUT CHICKEN BREAST \$ 65.00

FOODIES FAMOUS CHICKEN CACCIATORE FALLS OFF THE BONE \$ 49.00

BALSAMIC VINEGAR CHICKEN \$ 49.00 CHIX IS BONE-IN

LEMON ROASTED \$49.00 CHIX IS BONE-IN

TRI COLORED ORZO W/ VEGGIES \$ 42.00 VEGAN

ORZO PILAF W/ TOMATOES & FETA \$ 37.99

SAUTÉED MIXED VEGETABLES \$ 25.00 VEGAN & GF

REAL MAC & CHEESE \$ 38.00

KIDS MAC & CHEESE \$ 30.00

ABC'S & CHEESE \$ 35.00

### **TRAYS TO SERVE 4**

WHOLE ROASTED CITRUS GLAZED CHICKEN \$ 16.99

GRILLED BONE IN CHICKEN WITH TERIYAKI SESAME GLAZE, PINEAPPLE SALSA \$ 19.99 1 WHOLE CHICKEN

OVEN FRIED CHICKEN 1 WHOLE CHICKEN CUT UP \$ 19.99

TERIYAKI GLAZED CHICKEN, RICE & VEGGIES IN PINEAPPLE HALVES 4/ \$ 80.00

SLICED FLANK STEAK GREENS WITH BRUSCHETTA GRILLED ONIONS & ROASTED POTATOES \$ 99.00

GRILLED FILET OF SALMON WITH TZATZIKI SAUCE \$ 49.00

8 JUMBO LIMP CRAB CAKES, OUR SIGNATURE COGNAC DILL SAUCE \$ 80.00

HERB CRUSTED LONDON BROIL OVER GREENS \$ 49.00

### **WEEKLY SPECIALS**

SUPPER 2019