

# FOODIES CATERING INC. & FOODIE EVENTS

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LIKE US ON FACE BOOK @ FOODIES CATERING INC & FOODIE EVENTS

## SUPPER MENU PLATTERS SERVE 10-12

- MEDITERRANEAN CHICKEN - LEMON ROASTED CHICKEN BREAST, GREENS, ROASTED POTATOES, GRILLED VEGETABLES, HUMMUS & PITA CRISPS \$ 139.95
- MANGO CHICKEN - ROASTED CHICKEN BREAST, MANGO, MIXED GREENS, QUINOA, ASPARAGUS, SNAP PEAS, BABY PEPPERS, CRISPS \$ 139.95
- CHINESE CHICKEN SALAD - MIXED CABBAGES, HONEY SPICED & SESAME CRUSTED CHICKEN BREAST, SNOW PEAS, HONEY PEANUTS, SESAME NOODLES \$ 149.99
- ROASTED CHICKEN TACO PLATE - SPICED ROASTED CHICKEN, CHEDDAR & MONTEREY JACK CHEESES, ROASTED CORN & BLACK BEAN SALSA, ROASTED BABY PEPPERS, FIESTA RICE, & GREENS \$129.95
- ROASTED CHICKEN COBB - ROASTED CHICKEN, TOMATOES, EGG, BLUE CHEESE, BACON, ROASTED CORN, BABY POTATOES, GREENS & CRISPS \$ 149.95
- GRILLED LOCAL TUNA NICOISE - PRESENTED OVER GREENS, W/ ROASTED VEGETABLES, RED PEPPERS, HARD COOKED EGGS, ROASTED POTATOES, STRING BEANS & ARTICHOKE HEARTS DIJON DRESSING & FRENCH BREAD TOASTS \$ 189.00
- CEDAR PLANK SALMON - MIXED GREENS, WILD RICE, W/ SPINACH MUSHROOMS & PEAS, GRAPE TOMATO & CAPER SALAD TZATZIKI & TOASTS \$ 129.95
- PHILLY CHEESE STEAK PLATTER- GRILLED STEAK, GREENS, PROVOLONE & CHEDDAR CHEESE, GRILLED ONIONS, PEPPERS, PORTOBELLOS, ROASTED POTATOES & CRISPY LEEKS \$ 149.00
- LONDON BROIL STEAK - GREENS, CLASSIC CHOPPED SALAD W/ BLUE CHEESE, ROASTED POTATOES, GRILLED ONIONS & PEPPERS, GARLIC TOASTS \$ 149.00
- HOUSE ROASTED TURKEY BREAST WALDORF: TURKEY, GREENS, GRAPES, ROASTED APPLES, HONEY ROASTED WALNUTS , FETA CHEESE, WILD RICE & TOASTS 139.95
- VEGETARIAN - THAI NOODLE SALAD, ROASTED PORTOBELLOS, ROASTED BEETS W/ GOAT CHEESE, ROASTED COLORED POTATOES, GREENS, & LAVASCH \$ 99.95 GLUTEN FREE AVAILABLE
- VEGAN - GRILLED ASSTD VEGGIES, LEAFY MIXED GREENS, CUCUMBER GRAPE SALAD, QUINOA, CORN & BLACK BEAN SALAD & INDIAN SPICED GARBANZO SALAD \$ 129.99 ALSO GLUTEN FREE
- ANTIPASTO -KALE CEASAR GREENS, PROSCIUTTO, SALAMI & PEPPERONI, TORTELINNI SALAD , PROVOLONE & FRESH MOZZARELLA CHEESES, OLIVES, CHICK PEAS, ROASTED RED PEPPERS \$ 139.00 COMES W/ GARLIC BREAD
- PERFECT POT ROAST - 8 HOUR COOKED ROAST, CARROTS, MUSHROOMS, ONIONS & POTATOES \$ 69.99 W/ GARLIC BREAD
- BEST ARROZ CON POLLO - SLOW COOKED CHICKEN, W/ CARROTS, PEPPERS, & PEAS, SPANISH RICE \$ 69.99 W/ TOASTS
- MARRAKESH CHICKEN TAGINE - SLOW ROASTED CHICKEN W/ MEDITERRANEAN SPICES, CAULIFLOWER, ZUCCHINI, TOMATO & ONIONS OVER ISRAELI COUSCOUS \$ 79.00 COMES W/ WHOLE WHEAT PITA CRISPS
- SALMON BRACIOLA W/ PEPPERS. & BUTTERED BREAD CRUMBS OVER SAUTÉED VEGETABLES, & WILD RICE \$ 99.00

## PROTEIN PLATTERS SERVE 8

- LONDON BROIL PLATTER SLICED RARE OVER GREENS W/ CARAMEL ONIONS, HORSERADISH SAUCE & FRENCH BREAD \$ 89.00
- TUSCAN MARINATED FILET MIGNON SLICED OVER ARUGOLA W/ BRUSCHETTA & GORGONZOLA W/ CIABATTA TOASTS \$ 175.00
- FILET MIGNON SLICED OVER GREENS CRISPY LEEKS, CHOPPED SALAD, HORSERADISH SAUCE & FRENCH BREAD \$ 175 .00
- GRILLED SALMON FILET PRESENTED W/ CUCUMBER SALAD & PEACH SALSA \$ 85.00
- MAPLE GLAZED SALMON FILET PRESENTED W/ TZATZIKI & RYE TOASTS \$ 85.99 FABULOUS APP TOO
- CEDAR PLANK SALMON TOPPED W/ LEEKS & GREEN ONIONS PRESENTED OVER GREENS W/ TZATZIKI & 7 GRAIN TOASTS \$ 99.95
- GRILLED VEGETABLE PLATTER - CREATIVELY ARRANGED PRESENTED W/ TOFU, HUMMUS & SESAME NOODLES \$ 89.00
- GRILLED BREAST OF CHICEKN - ROASTED CORN & BLACK BEAN SALSA, AVOCADO SALAD \$ 99.00

**TRAYS TO REHEAT SIDES & MAIN DISHES SERVE 10**

FOODIES AMAZING VEGGIE LASAGNA \$ 49.00 W/ BRAISED MEAT \$ 50.00  
FOODIES 9 - HOUR BRAISED SHORT RIBS \$ 99.99  
FOODIES PULLED PORK \$ 89.00  
FOODIES 9 HOUR SMOKED SLICED BRISKET \$ 119.99  
PENNE W/ PINK SAUCE \$ 49.00 BAKED ZITI \$ 39.95  
SPAGHETTI & MEATBALLS \$ 39.00 MEATBALLS MARINARA \$ 49.00 RIGATONI & MEATBALLS \$ 49.95  
EGGPLANT PARM ROASTED NOT FRIED \$ 45.00  
OVEN ROASTED RED & GOLD POTATOES w/ fresh herbs \$ 35.00  
HEALTHY MOCK MASHED POTATOES ( cauliflower ) \$ 30.00  
MASHED POTATOES \$ 30.00  
CHICKEN POT PIE LOADED W/ ALL BREAST OF CHICKEN & VEGETABLES \$ 79.00  
BREAST OF CHICKEN MAC & CHEESE W/ BROCCOLI, PEAS & 3 CHEESES \$ 69.00  
BAKED PASTA W/ BREAST OF CHICKEN, BRUSSELS SPROUTS, TOMATO & CHEESE \$ 69.00  
BEEF & VEGGIE STIR FRY OVER SESAME UDON NOODLES \$ 79.00  
FOODIES NOODLE BOWL W/ TONS OF VEGGIES & RAMEN SHRIMP \$ 79.00 OR CHICKEN BREAST \$ 69.00  
PEALLA STYLE ORZO W/ LEMON CHICKEN & HERBS \$ 69.00 BONE - IN \$ 79.00  
CHICKEN BREAST W/ WILD MUSHROOMS \$ 55.00  
MOROCCAN CHICKEN & COUSCOUS \$ 55.00 CHIX IS BONE-IN  
CHICKEN POMODORO W/ ROASTED PLUM TOMATOES, GARLIC & FENNEL \$ 55.00 CHIX IS BONE-IN  
CHICKEN FRANCESE \$ 65.00  
BALSAMIC VINEGAR CHICKEN \$ 49.00 CHIX IS BONE-IN  
LEMON ROASTED & HERB CHICKEN \$ 49.00  
CHICKEN CACCIATORE \$ 49.00 CHIX IS BONE-IN  
TRI COLORED ORZO W/ VEGGIES \$ 42.00 ORZO PILAF W/ TOMATOES & FETA \$ 37.99  
SAUTÉED MIXED VEGETABLES \$ 25.00  
REAL MAC & CHEESE \$ 38.00 KIDS MAC & CHEESE \$ 30.00 ABC'S & CHEESE \$ 35.00

**DINNERS FOR 4 & ENTREES FOR 4**

WHOLE ROASTED CITRUS GLAZED CHICKEN, ROASTED POTATOES W/ GARDEN HERBS, SAUTÉED VEGETABLES,  
MIXED GREENS \$ 30.00  
GRILLED BONE IN CHICKEN WITH TERIYAKI SESAME GLAZE, PINEAPPLE SALSA, MIXED GREENS , CORN & COLE  
SLAW \$ 30.00  
GRILLED BREAST OF CHICKEN, FRESH FRUIT SALSA, ISRAELI COUSCOUS, SAUTÉED VEGETABLES, MIXED GREENS  
\$ 40.00  
OVEN FRIED CHICKEN, ROASTED POTATOES, MEXICAN CORN ON THE COBB GARDEN SALAD \$ 39.00  
GRILLED SALMON WITH TZATZIKI SAUCE, VEGETABLE QUINOA, GREEK SALAD, \$ 45.00  
8 JUMBO LIMP CRAB CAKES, OUR SIGNATURE COGNAC DILL SAUCE, FOODIES COLE SLAW, & ROASTED CORN SALAD  
\$ 95.00  
PANKO CRUSTED JUMBO SHRIMP, SPICY CHIPOTLE AIOLI, CORN ON THE COBB, SIDE SALAD, & PINEAPPLE SALW  
\$ 65.00  
HERB CRUSTED LONDON BROIL, GREENS, ROASTED POTATOES W/ CHEDDAR, & GRILLED ONION, MUSHROOMS &  
BROCCOLI \$ 60.00  
4- 1 1/2 # GRILLED MARINATED CLEANED & CRACKED LOBSTERS, ROASTED CORN ON THE COBB, SIDE SALAD &  
GRILLED VEGGIES \$ 180.00 COMES W/ BUTTER & LEMONS  
8-PIECE WHOLE GRILLED BONE IN CHICKEN CUT UP, MARINATED & CITRUS GLAZED  
\$ 15.00  
GRILLED & MARINATED BREAST OF CHICKEN - \$ 15.00/LB YOUR CHOICE HERB & LEMON GLAZED, SESAME  
GINGER, OR ROSEMARY TOMATO  
WHOLE GRILLED SIDE SALMON & CUCUMBER SAUCE \$ 50.00  
GRILLED JUMBO SHRIMP, LEMON & OUR SIGNATURE SAUCE \$ 36.00 LB SIZE U8 MIN ORDER 3#  
PANKO CRUSTED VEGGIE STUFFED BREAST OF CHICKEN \$ 15.00 LB

**WEEKLY SPECIALS**