

# FOODIES CATERING INC. & FOODIE EVENTS

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LIKE US ON FACE BOOK @ FOODIES CATERING INC & FOODIE EVENTS

## ROOM TEMPERATURE SUPPER PLATTERS SERVE 10-12

- **MEDITERRANEAN CHICKEN** - LEMON ROASTED CHICKEN BREAST, GREENS, ROASTED POTATOES, GRILLED VEGETABLES, HUMMUS & PITA CRISPS \$ 199.95 GLUTEN FREE AVAILABLE JUST ASK US
- **MANGO CHICKEN** - ROASTED CHICKEN BREAST, MANGO, MIXED GREENS, QUINOA, ASPARAGUS, SLAW, BABY PEPPERS, CRISPS \$ 199.95 GLUTEN FREE AVAILABLE
- **CHINESE CHICKEN SALAD** - MIXED CABBAGES, HONEY SPICED & SESAME CRUSTED CHICKEN BREAST, SNOW PEAS, HONEY PEANUTS, SESAME NOODLES \$ 199.99 GLUTEN FREE AVAILABLE
- **ROASTED CHICKEN TACO** - SPICED ROASTED CHICKEN, CHEDDAR CHEESE, ROASTED CORN & BLACK BEAN SALSA, ROASTED BABY PEPPERS, FIESTA RICE, & GREENS \$179.95 GLUTEN FREE
- **ROASTED CHICKEN COBB** - ROASTED CHICKEN, TOMATOES, EGG, BLUE CHEESE, BACON, ROASTED CORN, BABY POTATOES, GREENS & CRISPS \$ 199.95 GLUTEN FREE AVAILABLE
- \* **GRILLED CHICKEN SALAD LETTUCE TACOS** - GRILLED CHICKEN SALAD IN LETTUCE WRAPS PRESENTED WITH GRILLED PINEAPPLE & SLAW & OUR BLACK BEAN & ROASTED CORN QUINOA \$ \$169.00
- \* **9 LAYER CHICKEN SALAD** - MIXED GREENS W/ KALE. CHOPPED TOMATOES, OLIVES, PEPPERS, PEAS, CHEDDAR, CHOPPED CHICKEN BREAST , CUCUMBERS & CORN \$ 129.99
- **CEDAR PLANK SALMON** - MIXED GREENS, WILD RICE, W/ SPINACH & MUSHROOMS, CUCUMBER, GRAPE TOMATO & CAPER SALAD TZATZIKI & TOASTS \$ 199.95
- \* **MAPLE GLAZED HOT SMOKED SALMON** - PRESENTED WITH TZATZIKI, ROASTED POTATOES, GREEK SALAD & SLAW \$ 199.00
- \* **GRILLED FILET OF SALMON** - GREENS, CUCUMBER SALSA, ROASTED BEETS & GOAT CHEESE, GRILLED VEGGIES \$ 199.99
- **PHILLY CHEESE STEAK** - GRILLED STEAK, GREEMS, PROVOLONE & CHEDDAR CHEESE, GRILLED ONIONS, PEPPERS, PORTOBELLOS, ROASTED POTATOES & CRISPY LEEKS \$ 149.00
- **LONDON BROIL** - GREENS, CLASSIC CHOPPED SALAD W/ BLUE CHEESE, ROASTED POTATOES, GRILLED ONIONS & PEPPERS, GARLIC TOASTS \$ 149.00
- \* **GRILLED FLANK STEAK** - GREENS, GRILLED ONIONS, ROASTED POTATOES, STEAKHOUSE CHOPPED SALAD CRISPY LEEKS GARLIC BREAD \$ 199.00
- \* **SESAME SEARED LOCAL SUSHI TUNA** - WAKAME, TOBIKO, WASABI AIOLI, PICKLED GINGER & PONZU SAUCE, SERVED WITH ROASTED CORN & BLACK BEAN QUINOA & ASIAN CUCUMBER SALAD. \$ 269.00. CRISPY WONTONS & CHIPS
- \* **NOODLE BAR** - TUNA BROCCOLI PASTA SALAD, SESAME NOODLES WITH SHRIMP & PEANUT SAUCE, GRILLED CHICKEN PENNE SALAD- \$ 119.00
- **VEGETARIAN** - THAI NOODLE SALAD, ROASTED PORTOBELLOS, ROASTED BEETS W/ GOAT CHEESE, ROASTED COLORED POTATOES, GREENS, & LAVASCH \$ 129.95. GLUTEN FREE AVAILABLE
- **VEGAN** - GRILLED ASSTD VEGGIES, LEAFY MIXED GREENS, CUCUMBER GRAPE SALAD, QUINOA, CORN & BLACK BEAN SALAD & INDIAN SPICED GARBANZO SALAD \$ 129.99 ALSO GLUTEN FREE

## ROOM TEMP TRAYS TO SERVE 4

SEARED SESAME SEARED SUSHI TUNA WAKAME TOBIKO, WASABI AIOLI, & PICKLED GINGER , CRISPY WONTONS, CORN & BLACK BEAN QUINOA, & ASIAN CUCUMBER SALAD \$ 99.00

OUR FAMOUS GRILLED SHRIMP PRESENTED OVER GREENS W/ COGNAC DILL SAUCE ROASTED PEEWEE POTATOES, SANTA FE COLE SLAW & GARLIC TOASTS \$ 149.00

HERB CRUSTED FLANK STEAK SLICED & PRESENTED OVER GREENS, W/ ROASTED POTATOES, GARLIC TOASTS, STEAK HOUSE CHOPPED SALAD, & GRILLED VEGGIES \$ \$99.00

GRILLED FILET MIGNON SLICED & PRESENTED OVER GREENS, WITH ROASTED ASPARAGUS, GRILLED ONIONS, HORSERADISH SAUCE, & STEAK FRIES.CIABATTA ROLLS \$ 149.00

GRILLED BREAST OF CHICKEN, GREENS, ROASTED BLACK BEAN, CORN & QUINOA, CLASSIC GREEK SALAD, & PINEAPPLE SLAW \$ 79.00

CHILI & HERB CRUSTED SEARED SALMON FILET PRESENTED W/ ASIAN CUCUMBER SALAD, CORN & QUINOA, ROASTED BOK CHOY & TZATZIKI SAUCE \$ 99.00

GREEN ONION CRUSTED SEARED SALMON, TERIYAKI RICE & VEGGIES, VEGAN CUCUMBER SALAD & WASABI AIOLI  
\$ 99.00

4 PINEAPPLES HALVES STUFFED W/ CHICKEN BREAST, VEGGIES & RICE \$ 80.00. READY FOR REHEATING

SALMON IN PARCHMENT PAPER WITH A TRIO OF CITRUS & VEGETABLES, PRESENTED WITH WILD RICE & GREEN  
SALAD \$ 89.00

4 GRILLED. 1 1/2# LOBSTERS - GRILLED & HALVED PRESENTED WITH OUR SIGNATURE COGNAC DILLS SAUCE  
SMASHED POTATOES, ROASTED ASPARAGUS, HEIRLOOM TOMATO SALAD, \$ 160.00

8 JUMBO LUMP CRAB CAKES, COLE SLAW, ROASTED POTATO SALAD & BRIOCHE ROLLS GARDEN SALAD \$ 129.00

**TRAYS TO REHEAT SERVE 10**

FOODIES AMAZING VEGGIE LASAGNA \$ 59.00 BRAISED MEAT LASAGNA \$ 65.00

FOODIES 9 - HOUR BRAISED SHORT RIBS \$ 149.99 COMES W/ ROLLS

FOODIES PULLED PORK \$ 89.00 COMES W/ ROLLS

FOODIES 9 HOUR SMOKED SLICED BRISKET \$ 169.99

PENNE W/ PINK SAUCE \$ 59.00

BAKED ZITI \$ 39.95

SPAGHETTI & MEATBALLS \$ 49.00

EGGPLANT PARM ROASTED NOT FRIED \$ 65.00

OVEN ROASTED RED & GOLD POTATOES w/ fresh herbs \$ 35.00

ROASTED GREEK POTATOES W/ HERBS & FETA \$ 49.00

HEALTHY MOCK MASHED POTATOES ( cauliflower ) \$ 30.00

MASHED POTATOES \$ 30.00

BAKED CHICKEN BREAST PARMIGIANA \$ 75.00

CRUSTLESS CHICKEN POT PIE LOADED W/ ALL BREAST OF CHICKEN & VEGETABLES \$ 79.00

QUINOA FRIED RICE & VEGGIES \$ 59.00 GLUTEN FREE

CAPRESES ZOODLES - ZUCHINI NOODLES, TOMATOES, FRESH MOZZARELLA, PARM & BASIL \$ 59.00 GLUTEN FREE

BEEF & VEGGIE STIR FRY OVER SESAME UDON NOODLES \$ 79.00

FOODIES NOODLE BOWL W/ TONS OF VEGGIES & RAMEN \$ 79.00 VEGAN

BANG BANG BRUSSELS SPROUTS \$ 59.00 VEGAN & GF

SPICY ROASTED BRUSSELS SPROUTS W/ BACON & MAPLE GLAZE. \$59.00

QUINOA CAULIFLOWER W/ ROASTED DRIED CRANBERRIES & ALMONDS \$ 49.00 VEGAN & GF

PARMESAN ORZO W/ CHICKEN & BRUSSELS SPROUTS \$ 59.00

OUR MOST POPULAR CHICKEN BREAST W/ WILD MUSHROOMS \$ 69.00

HONEY SRIRACHA CHICKEN BREAST \$ 65.00

CHICKEN FRANCESE \$ 65.00

FOODIES FAMOUS CHICKEN CACCIATORE FALLS OFF THE BONE \$ 59.00

BALSAMIC VINEGAR CHICKEN \$ 59.00 CHIX IS BONE-IN

LEMON ROASTED \$49.00 CHIX IS BONE-IN

TRI COLORED ORZO W/ VEGGIES \$ 42.00 VEGAN

ORZO PILAF W/ TOMATOES & FETA \$ 37.99

BACON WRAPPED ASPARAGUS BUNDLES W/ SHAVED PARM \$49.00

TERIYAKI VEGGIES & RICE \$ 40.00

SHRIMP & PORK FRIED RICE \$. 59.00

CLASSIC RICE & BEANS \$ 39.00

SAUTÉED MIXED VEGETABLES \$ 29.00 VEGAN & GF

REAL MAC & CHEESE \$ 38.00

KIDS MAC & CHEESE \$ 30.00 OUR FAMOUS ABC'S & CHEESE \$ 35.00

**SIDE SALADS TO SERVE 10. NO HEATING NECESSARY**

HOUSTON COLE SLAW \$ 26.00

PASTA SALAD W/ VEGGIES & BACON \$ 30.00

PASTA SALAD W/ DRT TOMATO VIN \$ 30.0

ROASTED OR CLASSIC POTATO SALAD \$ 29.00